

# Changing Faces helps people who have a condition, mark or scar that affects their appearance to live the life they want.

We provide advice, information and support to individuals and their families, and we campaign for an enlightened society which fully accepts and values people who have a disfigurement.

For more than 40 years, the Skin Camouflage Service has helped people to cover or reduce the visibility of scars, marks and skin conditions, using specialist creams and powder products. Our trained volunteer practitioners are located in clinics across the UK and the Channel Islands.



“I don't worry that people are staring anymore but if someone does, I know how to handle it.”

Skin camouflage service user with facial birthmark



## What is the Skin Camouflage Service?

For someone living with scarring or a skin condition that affects their confidence, specialist camouflage products can offer a way to cope. Our service helps people to gain self-confidence and independence.

The products provide effective waterproof cover and can reduce the appearance of a number of skin conditions, including:

Scarring from burns, acne and self-harm etc

Vitiligo

Rosacea

Melasma

Birthmarks

Leg veins

Hyper-pigmentation

## Skin camouflage in the Channel Islands

Local charity Changing Faces Channel Islands works closely with the UK charity Changing Faces to support and provide services for people with disfigurements. Our skin camouflage practitioners have been trained by Changing Faces in the UK and are fully qualified to provide this service.

At your appointment our skin camouflage practitioners will select the best colour match for your skin tone and will then show you how to apply the specialist products yourself to improve the appearance of affected areas.

Please see the back of this leaflet to find out how to access the service.

There is no charge for a consultation. However, Changing Faces Channel Islands is a charity and the Skin Camouflage Service relies on donations from the public. It costs us around £50 to provide each consultation. Any donation you can make will help us to continue this service and benefit others.

Please visit [www.changingfacesci.org.gg](http://www.changingfacesci.org.gg) for more information about making a donation. Alternatively, you can make a donation at the clinic.

“When I look in the mirror without it, all I see is redness. As soon as the camouflage is on I feel so confident and can just get on with my life.”

Skin camouflage service user with rosacea

“I know the scarring won't go away but now I can just be myself again.”

Young skin camouflage service user



## Who can benefit from the service?

The service is available to anyone who would like to learn how to apply products to cover scarring or a skin condition. Skin camouflage is suitable for men, women and children over five, of all ethnicities.

If you think you can benefit from this service please speak to your GP.

Changing Faces also supports people with the emotional and social effects of looking different.

**“The Service gives many of our patients a great deal of confidence in facing the outside world.”**

### Consultant Plastic Surgeon

Please visit the UK site: [www.changingfaces.org.uk](http://www.changingfaces.org.uk) to find out more about the general support Changing Faces offers. If you feel that you may benefit from additional support, either personally or in a professional capacity, please email us at [contact@changingfacesci.org](mailto:contact@changingfacesci.org) with details of the assistance you need - we will then consider how we might help.

## How do I get access to the camouflage service?

Changing Faces Channel Islands requires that you visit your GP and be referred to the Skin Camouflage Service.

Once your GP has approved that the camouflage service is suitable for you, please book your appointment at the Cosmesial Surgery at the Healthcare clinic in St. Martin's Guernsey, (telephone 01481 723373).

Changing Faces Channel Islands has agreed that in most cases they will cover the cost of the skin camouflage appointment with our qualified skin practitioners.

They may also cover the cost of the GP referral for those paying for these costs themselves. Further information can be provided by the practitioner at your skin camouflage appointment or by visiting our website at [www.changingfacesci.org](http://www.changingfacesci.org).

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Registered as a company Limited by Guarantee in Guernsey, registered number 44590



# Skin Camouflage Service

For anyone who would like to camouflage scarring or a skin condition



Photos: Yekub Merchant

[www.changingfacesci.org](http://www.changingfacesci.org)